

So many of you ask what you can donate to help, so I thought I'd put a list to make it easy. Everything is for adults.

Socks, Socks, Socks, we will give out between 1,500 – 2,000 pair of socks throughout this winter. Male socks –crew or better, they don't need to be expensive, most don't have laundry, but have cold wet feet, they just need clean dry socks. (Their feet are everything) We go through that many pair of hand warmers too.

Clothing - everything needs to be clean and of a quality that you would wear in public, larger sizes are needed the most and there are more male than female. Functional and not dressy.

Heavy coats. sweat shirts, hoodies, long johns, leg' ins , socks and more socks (mostly male adult crews or better) gloves, hats scarves, sweat pants, snow pants.

Food - easy chew is important, also there is no kitchen or cupboards, so ready to eat foods only.

fruit- mostly bananas, clementine, oranges.

Many individual size packaged chips, peanut butter crackers, cookies, candy, health bars, snacks etc...

bottled water (a lot)

I make our sandwiches and they are made with quality meats, ham, turkey, roast beef, sweet bologna, and American cheese. (please no straight bologna) (no vegies - they get brown) I buy the bread so it's fresh.

Things that go along with every bag of food - hand warmers - wet naps - napkins - socks- schedule with locations of free meals in the city - sealable sandwich bags - (once a week) good quality disposable razors.

Sleeping bags and back packs. Something is better than nothing, but realize that quality is very important. The sleeping bags get used every night and in temperatures below freezing most of the winter. Backpacks contain everything that they own and are carried everywhere. Comforters, blankets are enjoyed gratefully, also.

Message me or email at [dc-co@comcast.net](mailto:dc-co@comcast.net) me to arrange drop offs.

Thanks and So much love! -DC